



Hampton Table Tennis Club

COVID-19 Playing Restrictions

(V1.0 – 30th September 2020)

DO NOT ATTEND if any of the following apply to you:

- You have any symptoms of COVID-19
- You have been asked to isolate by NHS Test and Trace
- You are living in a household or work with someone with possible COVID-19 infection
- You are Shielding from COVID-19

To attend the club, please confirm that you will:

- Comply with Venue's COVID-19 measures:
 - Wear face coverings in communal areas (entrance lobby and toilets)
 - Observe one-way system
- Conform to social distancing measures by keeping 2m apart from others at all times
- Wash or sanitise your hands before play
- Sanitise your hands and clean table tennis ball every 15/20 minutes during play
- Wipe down your end of the table after finishing play
- Each evening, players will be put into a "bubble". Only play with players within your bubble
- Comply with Table Tennis England's hygiene recommendations (- see poster)
- Obey advice/directions given by the "Session Supervisor"
- Leave your name, contact number and sign attendance sheet upon arrival

Also, please confirm that you will NOT:

- Share equipment/bats with others
- Shake hands, embrace, or "high-five" with others
- Breath on table tennis balls or bat to clean
- Wipe hands on the tables
- Play doubles (unless with people from the same household or social bubble)

If you are helping putting out or putting away tables or equipment, please sanitise your hands before and afterwards and wear a face covering when it is not practicable to keep 2m apart from others (e.g. folding tables, when in the equipment store room, etc.)